## Mechanics in Biological Materials and Systems: Modeling Strategies 生物材料和生物系统中的力学问题



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## **Biological Materials and Systems**

- • Biological bulk materials
	- Bone, dentin, shells
- Biological surface materials
	- Adhesion systems of Gecko
	- Water-repellent surface of Lotus leaves, water striders
- •Cell
- •**•** Biomolecules

Focal adhesion

HIV-1 Protease

# The Challenges

Stimulation **Response** 

- Non-equilibrium
- No conservative laws
- No constitutive laws
- Complex systems
- Multiscales
- Emerging properties

#### Part I

**Mechanics of nano to micro hierarchical biological mateirals** – A comparative study among different biological systems including:

- -Bone-like bulk biological materials
- - Surface materials of adhesion system of Gecko
- - Water-repellent surface of Lotus leaves and water strider's legs



### Various bulk biological materials





Bone





Conch Abalone





Cowry Diatom Oyster



Nacre





These totally organism-controlled materials are synthesized at ambient temperature and atmospheric conditions.



Teeth



Sanddollar Coral Elk's antler

#### **Table 1. Mechanical properties of shell and its constituents**



#### **Table 2. Mechanical properties of bone and its constituents**



*Currey, 1977; Jackson et al, 1988; Norman et al, 1995; Jaeger and Fratzl, 2000; Menig et al, 2001* 

### Questions:

- 1. How does nature design so hard and tough materials with mineral and protein?
- 2. Can we synthesize these materials in vitro?

### Assumptions:

The microstructures of biological materials have been optimized through billions years of evolution for the survival of animals.

### Nanostructures of shells







 $2 \mu{\rm m}$ 

*S. Kamat, et al. Nature, 2000 Menig, et al. Acta mater. 2000*

Structures and materials are fully integrated in natural organism. The hierarchical organization of the structure at different spatial scale (nano, micro, macro) is inherent into these system.

### Nanostructures of bone

Collagen molecules





### Elastic properties operate on Voigt upper bound Elastic properties operate on Voigt upper bound



### Mineral crystals become insensitive to flaws at nanoscale



Griffith criterion:

$$
\partial (W - \Gamma) / \partial c = 0
$$
  

$$
\sigma_m^f = \alpha E_m \Psi, \quad \Psi = \sqrt{\frac{\gamma}{E_m h}},
$$



$$
h^* \approx \alpha^2 \, \frac{\gamma E_m}{\sigma_{th}^2}
$$

If 
$$
E_m = 100 \text{ GPa}
$$
,  $\gamma = 1 \text{ J/m}^2$   
 $h^* = 30 \text{ nm}$ 





structure of biomaterials at the nanoscale to achieve the maximum strength.

## Is it universal?

The Young's modulus of various brittle materials can vary, depending on the atomic structure and the purity of the materials.

Typical estimates of the theoretical strength can range between 1% and 10% of the Young's modulus.

If we take  $\gamma$  =1 J/m<sup>2</sup>, E =50-1000GPa, and σ <sub>th</sub> =(1%–10%)E,

the characteristic length *l<sub>cr</sub> for flaw tolerance can be estimated to* vary in the range:

*l<sub>cr</sub>* ≈2Å–400nm.





Pugno & Ruoff, *Phil. Mag*., 2004 Ballarini et al., *Int. J. Fract*., 2005 Khare et al., PRB, 2007 Gao & Chen, *J. Appl. Mech*., 2005 Ji, *J. Biomech*., 2008

## Theoretical model of bone hierarchical structure



## Perspectives and Applications

**MATERIALS SCIENCE** 

### **Bioinspired Structural Materials**

**Christine Ortiz and Mary C. Boyce** 

**"Materials scientists are seeking to create synthetic materials based on the mechanical design principles found in biological materials such as seashell nacre."**

- 1. Bonderer et al., 2008, "Bioinspired design and assembly of platelet reinforced polymer films", Science 319, 1071
- *2. C. Ortiz and M. C. Boyce, 2008, "Bioinspired structural materials", Science 319, 1054*
- *3. Currey, J. D., 2005, "Materials science - Hierarchies in biomineral structures", Science 309, 253*
- *4. Mayer, G., 2006, "Rigid biological systems as models for synthetic composites", Science 309, 1144*

### **Biological Surface structures Biological Surface structures**



#### **Hierarchical adhesion structure of Gecko Hierarchical adhesion structure of Gecko**



## Fracture/JKR models for adhesive Fracture/JKR models for adhesive contact



H. Gao, B. Ji, et al., 2004, MCB 1, 37 Buehler et al., 2005, Modelling Simul. Mater. Sci. Eng. 14 (2006) 799

### Energy dissipation mechanism Energy dissipation mechanism



H. Gao, B. Ji, et al., 2004, MCB 1, 37

## Hierarchical design



## Water-Repellent Plant Leaves



Barthlott and Neinhuis, Planta , 1997; Barthlott and Neinhuis, *Annals of Botany,* 1997

## Water-Repellent Insects



#### Water strider

Microsetae

Scale bar 20μ<sup>m</sup>

Nanoscale grooved structures

Scale bar 200nm

Jiang, Nature 2005

## A theoretical model for hierarchical biological surface structure for low adhesion



## **Summary**

- • It seems that Nature use similar strategies, i.e., with hierarchical design from nanoscale, to optimize or control different material properties.
- • At the nanoscale, the structure is not sensitive to flaws, achieving maximum strength of the materials.
- • Hierarchical structures are designed for the toughness, energy dissipation and robustness.
- • Bio- is the nanotechnology by nature. Biological materials achieve these superior properties through billions years of evolution by adapting their living environment.
- • The chemistry and structure are simultaneously used. The geometry of the microstructure is also crucial.
- •Biomimicking is a good way for designing man made novel materials.

## "Smart" biological materials

1. Bone is capable of adapting in response to mechanical stimulus

2. Osteocyte is the mechanosensor in bone being able to sense and respond to load-induced strains and to translate this information to cells at the bone surface.

3. The loss of these cells from our bones is associated with the human ageing process.





# Modeling of cell adhesion: from molecular level Part II

### The growth and instability of adhesion cluster



## **Background**



细胞黏附与疾病 诸如:血栓形成,动脉粥样硬 化,肿瘤的侵润和转移…

### 细胞黏附与生物机制

诸如:细胞的分化、运动、凝血 机制、病原体侵入、免疫应答…



A time to experiment, and a time to  ${\sf theorize}$  (Bershadsky et al., 2006)

- Cell Movement Is Guided by the Rigidity of the Substrate (Engler et al., 2006, Cell 126, 677; Lo et al. 2000. Biophy. J 79, 144; Reinhart-King et al. 2008. Biophys. J, in press )
- Force induced growth of focal adhesion (Riveline et al., 2001. J. Cell Biol. 153, 1175; Kaverina et al., 2002, J. Cell Sci. 115, 2283. )
- Cell reorientation under cyclic stretching (Wang et al., 2001, J. Biomech. 34, 1563; Kaunas et al. 2005. PNAS 102, 15895 )
- Cell rheology (Deng et al. 2006. Nature Materials 5, 636; Chowdhury et al. 2008, Biophys. J., in press )

### **Force induced Force induced growth of focal growth of focal adhesion adhesion**





### **Cell reorientation under cyclic strain**





Representative phase contrast microphotographs of endothelial cells: unstretched (A), after 3 h of simple elongation (B), and after 3 h of pure uniaxial stretching (C).

Wang et al., 2001, J. Biomech. 34, 1563

### Cell reorientation under cyclic strain



Kaunas et al. 2005. PNAS 102, 15895

### Frequency-dependent Cell reorientation under cyclic strain



Exponential decrease of the order parameter S from a random orientation to a saturation value at different stretching frequencies

Biphasic characteristics of dynamic cell reorientation



Jungbauer et al. 2008. Biophys. J 95, 3470

## Focal adhesion



# A microscopic model A microscopic model



Kong, Ji and Dai, Biophys. J. 2008, 95, 4034

# Modeling of adhesion cluster



 $\varepsilon = \varepsilon_0 \left| \sin(\pi \omega t) \right|$ External cyclic force

**Stress fiber** 

$$
F = k_s \Delta l_s + \mu \frac{\partial \Delta l_s}{\partial t}
$$

Displacement of substrate

 $s = l\varepsilon(\cos^2\theta - v\sin^2\theta)$ 

Bond force

*b* $f = k_{b} \Delta L$ Δ

## Modeling of adhesion cluster (cont.)

Dynamics of adhesion bonds



### Threshold value of external strain





Dartsch and Hammerle, 1986, Eur. J. Cell Biol. 41: 339–346.

Neidlinger-Wilke et al., 2005, J. Orthop. Res. 12:70–78.

应变临界值是成键与解离过程竞争的结果

Kong, Ji and Dai, Biophys. J. 2008, 95 4034

## Effect of loading frequency



9

成键时间VS接触时间

- 1. 对黏附分子反应的影响
- 2. 对应力纤维的影响



Kong et al., 2008; Besser and Schwarz, 2007

## **Optimum orientation**



细胞趋向外力最小的方向。



Kong, Ji and Dai, Biophys. J. 2008, 95 4034; Wang et al., 2001, J. Biomech. 34, 1563

## Growth mechanism



# A unified model

黏附斑生长 → 黏附斑破坏 → 细胞尺度取向变化



# 黏附斑生长 → 黏附斑破坏 → 细胞尺度取向变化 A unified model (cont.)



Kong, Ji and Dai, Biophys. J. 2008, 95, 4034

# Summary

- With the microscopic model, we identified three force zone for different cell behaviors.
- Focal Adhesion grows due to the decrease of local chemical potential under external force.
- In addition to the biochemical aspects, active reorientation of the cell/stress fiber may represent a mechanism by which cells reduce the increase in intracellular tension generated by cyclic stretching.

## **Perspectives & Strategies**



## Man-made advanced materials



### Understanding the mechanisms of the vital diseases and malfunctions

HIV/ADIS



**Cancer** 



#### Osteoporosis/bone loss



#### **Supports** :

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